PROMs data visualization in the clinical setting: what, how and when

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The Leeds Teaching Hospitals

NHS Trust



Outline

- Background to PCOR team in Leeds
 - Work using PROMs in cancer setting
 - Experiences of presenting PROMs data in clinical practice
- What's the growing evidence around visualising PROMs data telling us?
 - Reviews
 - Resources
 - Examples
- What is the future direction of this work? Why is this important?



Leeds- fun facts

- Location of the first known film/motion picture footage filmed in the city
- Fizzy drinks invented in Leeds
- Origin of Marks & Spencer (retailer/department store)













The Leeds Teaching Hospitals

Patient Centred Outcomes Research Leeds Cancer Centre (Est. 1999)



Strong focus on the collection and utilisation of patient reported data- patient reported outcome measures (PROMs)



Prof Galina Velikova





Why collect PROMs?

Clinical trials



Population studies

Everyday clinical practice







Clinical method - Medical interview

- Gathering subjective information
- Diagnostic aim
- Not designed to monitor change/assess outcomes

PROMs

- Patient centred
- Quantitative information on symptoms and functioning
- Track changes over time

Benefits

- Detect and monitor physical problems, wider social and psychological issues
 - Enhance patient-health professional communication
 - Facilitate patient involvement in decision making



Patient self-reporting of symptoms using PROMs in cancer care

- Evidence patient benefit:
- Potential benefits for
 - Clinician awareness of patient symptoms
 - Symptom control and quality of life
 - Use of emergency services
 - Survival (advanced cancers)

Trials:

- Basch JCO 2016;34:557
- Basch JAMA 2017;318:107
- Denis JNCI 2017; 109:9
- Berry D JCO 2014;32:199
- Velikova JCO 2004;22:714
- *Maguire BMJ Open; 2021;374:n1647*
- Basch JAMA 2022; 327(24);2413
- Absolom et al, 2021J Clin Oncol. 1;39(7):734-747.

Reviews:

- Kotronoulas: JCO 2014;32:1480;
- Moradian Supp Care cancer 2018;26:361
- Penedo Lancet Onc 2020;21:e240
- Howell Supp Care cancer 2017;25:1323



Technology to capture patient reported outcomes in clinical practice: PCOR timeline

Too small
Too easy to loose

- Paper chase Error prone
- Time consuming

loose

- Delay in data transfer
- Cumbersome
- Bar code reader would 'read' any barcode

Technology research

- 1. Velikova, G. et al. J Clin Onc, 1999. 17(3): p. 998-1007
- 2. Cull, A. et al.,. Br J Cancer, 2001. 85(12): p. 1842-1849
- 3. Wright, P. et al., J Clin Onc, 2003. **21**(2): p. 374-382
- 4. Ashley, L. et al., Br J Cancer, 2011. **105**(S1): p. S74-Sp81
- 5. Ashley, L. et al., J Med Internet Res, 2013. **15**(10): E230
- 6. Holch et al., Ann Oncol, 2017 Sep 28(9):2305-2311

- Great for 'in-house'
- No good if too far away from clinical areas

- Great for 'in-house'
- Portable but less vulnerable



- Online
- Linked to electronic patient records
- With alerts

Examples of how PROMs scores presented/visualised across our studies...





- Patient completed on touchscreen and results printed out and given to clinician
- PROMs
 - European Organization for Research and Treatment of Cancer–Core Quality of Life Questionnaire, version 3.0
 - Hospital anxiety and depression scale. Higher scores mean more distress.
- Lines to indicate mean general population scores
 And labels to high scoring direction for good or poor/worse
- Line graph to highlight trajectory/trends in scores



QuEST programme: Refining PROMs for cancer groups and staff training (Harley et al., Quality of Life Research, 2012, N = 458)

- Questionnaire developed from symptom/functioning items from previously validated quality of life measures
 - 3 questionnaires created (colorectal, gynae and breast), 51-56 items covering:
 - Everyday tasks, Pain, Fatigue, Impact on Activities, Body image, Sex life
 - Relevant individual symptoms- taste, appetite, hot flushes, nausea, bowel functioning etc
 - Emotional Distress measured with Mental Health Inventory (MHI-5)
- Also included a checklist for issues patients wanted to discuss with staff

Questionnaire designed for completion on touchscreen computerscores calculated and graphically presented to doctor

Unit Number

Not Given

- Traffic light system
 - Red = severe
 - Yellow = moderate

Anonymous Subject

- Green = no/mild problems

Questionnaire Summated Scales - Longitudinal Charts

Subject Number

4

Display Subs	cales	Display A	lerts Only
Key:			
	Alert Lim	nit 🔺	
	Normal Limit	0	

QuEST- Br

Subject Name



BirthDate

Not Given

Gender

Ν



The topics to discuss checklist

QuESTQ Validation Checklist



Pilot work to explore how disease specific PROMs were on issues raised in consultation.

Still being printed out to give to clinician....next step integrate PROMs into the electronic patient records....



National Institute for Health and Care Research Programme Grant https://doi.org/10.3310/FDDE8516_2013-2019

Electronic self-reporting of adverse events for patients undergoing cancer treatment: the eRAPID research programme including two RCTs

Galina Velikova ^{1 2}, Kate Absolom ^{1 3}, Jenny Hewison ³, Patricia Holch ^{1 4}, Lorraine Warrington ¹, Kerry Avery ⁵, Hollie Richards ⁵, Jane Blazeby ⁵, Bryony Dawkins ³, Claire Hulme ⁶, Robert Carter ¹, Liz Glidewell ⁷, Ann Henry ^{1 2}, Kevin Franks ^{1 2}, Geoff Hall ^{1 2}, Susan Davidson ⁸, Karen Henry ², Carolyn Morris ⁹, Mark Conner ¹⁰, Lucy McParland ¹¹, Katrina Walker ¹¹, Eleanor Hudson ¹¹, Julia Brown ¹¹

Southampton (UK): NIHR Journals Library; 2022 Feb. Programme Grants for Applied Research.

GRAPIP

NIHR National Institute for Health and Care Research

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NIHR

National Institute for Health and Care Research eRAPID Online symptom monitoring: Adverse events



PROMs in clinical practice: Complex intervention



GRIPP

Patient reported data in electronic records: Graphs



Patient reported data in electronic records: Tables

ers Con	ntact Queries Admin							7.10.1				
l Trial Filter	r 💌	al Name or Code (p	oartial)	Principal Ir	nvestigator	<u>v</u> i	Frial Type	Trial Status	Patient Status	✓ i	Find -	
		monto l										
		ments										
	Tabulated Results Grag	oh Results	Administ	ration								
	ALERT: 11-Mar-2014, Alert N ALERT: 11-Mar-2014, Alert N ALERT: 11-Mar-2014, Alert N eRAPID Toxicity (4.5)	lame: Sever lame: Sever lame: Sever	eNausea, Ale ePain, Alert I ePhysicalAbi	ert Level:High Level:High, D Ility, Alert Lev	n, Details: Pati etails: Patien vel:High, Det	ient reported t reported sev ails: Patient re	severe nausea - ef /ere pain - eRAPID eported severe phy	APID Toxicity (4.5) Toxicity (4.5) sical difficulty - eRAPID Toxic	ity (4.5)			
	Scores	12·Mav·	28-Apr-	14-Apr-	07.Apr	24·Mar·	11-Mar-					
	Pain (1=mild 2=moderate 3=severe)	2	1	1	0	1	3					
	Vomiting	0	0	2	0	0	0					
	Nausea (1-mild 2-moderate 3-severe)	1	0	2	0	2	3	l Score	es appear in r	ed wh	en se	vere
	Diarrhoea	1	0	0	0	0	0			e		
	Constipation	0	1	1	1	1	1	any	notifications	for clir	ically	' sev
	Mucositis (1-mild 2-moderate 3-severe)	1	1	1	0	1	2	u na h la			, , ,	
	Temperature	0	0	0	0	0	2	proble	ems nignlighte	ed at to	op or	page
	Chills	0	0	0	0	0	0		tha	data		
	Difficulty with physical abil	2	1	1	0	2	3		lie	uale		
	Lack of appetite	0	0	1	0	1	1					
	Fatigue	1	1	1	1	1	2					
	Difficuly sleeping	1	1	0	1	1	1					
	Shortness of breath											
	Sore hands/feet											
	Neuropathy (1-mild 2-moderate 3-severe)					1	1					
	Anxiety (1=mild 2=moderate 3=severe)	1										
	Depression					1						
	Leg weakness											
	Seizures											
	Passing out											
	(I - mild 2 - moderate 3 - cevere)											

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Trial Stage - Overdue Trial Entry (>1 month)

Patients could view own data- via patient facing web based interface- Bar charts and Graphs



eRAPID RCT design (systematic/chemotherapy setting)



* 1:1 Randomisation stratified by cancer site, gender, previous chemotherapy

Journal of Clinical Oncology. http://dx.doi.org/10.1200/jco.2 0.02015





What did patients and clinical staff feed back about eRAPID and how they used and interpreted the patient reported data?

- Interviews
- Feedback forms





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Patient feedback: Seeing their data Found the graphs difficult to Easy to complete and use. understand. Data saved and good to compare information from week to week.' I could see a pattern to my symptoms (using the

Enabled me to see what was happening to me over the period of my treatment

I could see a pattern to my symptoms (using the graphs) so I could anticipate symptoms for each cycle. It gave me tips on how to deal with symptoms. It provided reassurance: symptoms were normal/to be expected.

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Staff feedback: eRAPID overall

'There is an instant rapport because [patient] thinks okay this one knows about me and I think that's been very helpful for me

I think it will be even more useful when, if it's used in routine practice because you wouldn't forget to look at it.

'stops you having to ask the patient 300 questions every time they come,



….it just didn't kind of resonate with me I'm afraid

Staff feedback: eRAPID visualisation of data

'I quite liked the graphs, simply because it was very quick and easy to be able to see if something had particularly changed, it was, so, the graph, for me, the graphs were preferable, just because it's so easy to look at and see if there'd been a particular change or anything like that...

I like the tables, I'm not a big fan of the graphs. I think, I'm not sure why, I think probably because it's easier to see quite a lot of information quickly on the tables.... Personally I didn't see the extra value to the graphs

'...very easy to use, it's on the system we use in clinic, you just have to click a button, all the information is there, so it was easy to use, readily available'



Current work







Click here to complete eRAPID Breast CDK questionnaires



Increased interest in collecting and using **PROMs** in clinical practice

NHS Trust

- Growing evidence base around value of **PROMs**
- Awareness of use of PROMs to change care pathways- remote follow-up of patients
 - Impact of covid-19
- Real-world insight- observational, pharmaceutical and health information technology industry, how do we share with patients?
- Ongoing IT challenges





Current approach to Clinician View of PROMs data: PROMPT

- Local Electronic Patient Record (EPR) system updated
- Change to software provider supporting our web based platform

Home TESTTEAM, Six (Mr	rs) ×								
TESTTEAM, Six (Mrs)									
Address St. James's Univers	i, Beckett Stre	et, Lee F	hone (I	Home) 0113 3333 3333		GP DUMPHY, N	(Dr)		
Hospital/ICR	Gene	ral Practice							
Actions 3	Filter Events	s		Show Booked and Delivere	Pati	ent Clinical Alerts			
Clinical Documents (24+) Dictation (EPRO)	Summary	C		Add -	Date	Name	De		
Scanned Case Notes	2020	2020 28. Jan 2020 Ward Stay TE		EPP 7771/Chanel Allerton	High Prior	Priority Alerts			
Encounters/Events (52)	20-Jan-2020	Summary	Clinic	al Notes	02-Dec-		A		
Medications	23-Jan-2020	Summary	Adult Height and Weight		2019	DNACPR	re		
eMeds Prescription Chart	23-Jan-2020	Outpatient M.	Clinical Alerts						
Observations (1)	23-Jan-2020	Admission Attia M,			Chinical A				
Orders	23-Jan-2020	Ward Stay	y TEST EPR ZZZ(St James's Univer			Infection	bla		
ICE Request	22-Jan-2020	Alerts	Infect	tion	2020				
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Problems/Issues/Diagnoses	20-Jan-2020	Admission Disc		narged 21/01/2020, Attia M,	Administr	ative Alerts			
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	09-Jan-2020	Mental Capa	4AT A	Assessment Test For Deliriu					
External Systems	08-Jan-2020	Clinical Note	MCA	/ MHA Advice Note: SKOWR					

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Current PCOR approach to Clinician View of PROMs data: PROMPT

Table	Graș	h	Notifications	Commu	nications												
	Follow-up	w35	w34	w33	w32	w30	w29	w28	w27	w26	w23	w20	w19	w18	w17	w14	
Measure		16/04/2021 11:37	11/04/2021 14:11	03/04/2021 14:43	27/03/2021 16:41	15/03/2021 20:46	07/03/2021 16:27	27/02/2021 11:09	20/02/2021 12:56	13/02/2021 10:16	23/01/2021 11:00	04/01/2021 20:02	26/12/2020 11:09	19/12/2020 14:07	13/12/2020 10:37	20/11/2020 11:59	06/ 11:
Shortnes	ss Of Breath	0	0	0	0	0	0	0	0	0	1	0	0	0	0	0	
	Dry Cough	0	0	0	0	0	0	0	0	0	0	0	0	0		ablo	
Produ	ctive Cough	0	0	0	0	0	0	0	0	0	0	0	0	0		able	
	Pain	1	1	0	1	2	0	2	0		1	1	1	1			
	Fatigue	1	0	0	0	1	1	1	1	1	1	1	1	1	Short	ness Of E	lrea
Phys	sical Activity	1	0	0	0	1	1	1	1	1	1	1	1	1	3 -		
7	Temperature	0	0	0	0	0	0	0	0	1	0	0	0	0		Baselinw/21v	150
	SkinRash	0	0	0	0	0	0	0	0	0	0	0	0	0	2 · ا		
SkinRa	ash Severity	0	0	0	0	0	0	0	0	0	0	0	0	0	Valu		3
Ski	inRash Fade	0	0	0	0	0	0	0	0	0	0	0	0	0	1.	li=25	-
Sk	kinRash Size	0	0	0	0	0	0	0	0	0	0	0	0	0	0 -		
	Nausea	0	0	0	0		0	0	0	0	0	0	0	0		Sep '20	
	Vomiting	0	0	0	0	0	0	0	0	0	0	0	0	0	Dry	ough	-
	Appetite	0	0	0	0	1	0	2	1	1	1	1	1	1	bry C	ougn	
	Diarrhoea	0	0	0	0	0	0		0	0	0	0	0	0	3 -	Baselinw2 v	v3 v
	Neuronathy	0	0	0	0	0	0	0	0	0	0		0	0			



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Graphs show patients symptom reported values over time with overlaid scheduled time windows.

Trend symptom data- averaged reported values for all patients on similar treatment pathway (shown in green) the numbers by each data point represent the number of patients (N) reporting at that time point.

PROMs in clinical practice: Information Technology busy space

GET

:itecho health





Penguin



Nonitor your CML journey

vinehealth

MyChart

Your secure online health connection









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What's the growing evidence around visualising PROMs data telling us?

- Reviews
- Resources
- Examples

Bantug et al., 2016 Patient education and counseling, 99(4), 483–490.

Graphical displays of patient-reported outcomes (PRO) for use in clinical practice: What makes a pro picture worth a thousand words?

Review of graphical displays PRO data- what makes them effective?

Only 9 studies included in review



Bantug et al., 2016 *Graphical displays of patient-reported outcomes (PRO) for use in clinical practice: What makes a pro picture worth a thousand words?*

Findings/conclusions

- Patients and clinicians can accurately comprehend graphs (but not always)
- Patients prefer simple graphs, clinicians want more detail
- Variation in how PRO measures are scored/scale creates challenges for presentation



Albers et al. 2022 J Patient Rep Outcomes 6, 18 Visualization formats of patient-reported outcome measures in clinical practice: a systematic review about preferences and interpretation accuracy

Evaluated evidence for graphic visualization formats of PROMs data in clinical practice for patients and clinicians, for both individual and group level PROMs data

Included 25 papers



5-5-30.99

Albers et al. 2022 J Patient Rep Outcomes 6, 18 Visualization formats of patient-reported outcome measures in clinical practice: a systematic review about preferences and interpretation

Longitudinal:

accuracy

- A. line graph, including threshold line
- B. bar chart, including threshold line
- C. heat map
- D. icon array
- E. funnel plot
- F. pie chart





Albers et al. 2022 *Visualization formats of patient-reported outcome measures in clinical practice: a systematic review about preferences and interpretation accuracy*

Findings/conclusions

- No predominant graphical visualization format approach in terms of preferences or interpretation accuracy for both patients and clinicians.
- Patients preferred bar charts and line graphs for ease
- Participant literacy information missing from studies



A very helpful resource.... https://epros.becertain.org/

- ePROs in clinical care Funded by the Agency for Healthcare Research and Quality (AHRQ) as part of Digital Healthcare Research Program.
- University of Washington- Co-PIs Danielle Lavallee & Cynthia LeRouge
- Real-world experience to advise on ePROS in clinical settings
 - Governance
 - Integration
 - Reporting
 - Tools and resources



https://epros.becertain.org/ Reporting



- Advice Statistical presentation
- Longitudinal information
- Comparative information
- Contextual



https://epros.becertain.org/ Visualisation library





Examples of PROMs visualisation outputs and projects



Examples of PROMs visualisation outputs and projects: Men like Me

https://truenorth.movember.com/en-gb/men-like-me

TRUENORTH		Home	<u>About</u> ∽	Real Life Stories	Sex and Intimacy	Men Like Me
	Men Like Me					
	A tool to help men underst diagnosis and treatment.	and wh	at's norr	nal after pros	state cancer	
	✔ Keep reading			Would yo Prostate 0	u like to speak to a Cancer UK Specialist Nu	ırse?

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- Patient facing resources for PROMs data collected as part of a large national Life After Prostate Cancer Diagnosis study
- Data from 35,000 men who completed Quality of life surveys after prostate cancer
- Interactive tool allow people to tailor the information they see about quality of life and health outcomes for men similar to them
 - Age, cancer stage, treatment received, other comorbidities



Learn from Men Like You.

Edit selections

TRUENORTH

Men Like Me

diagnosis and treatment.

Keep reading

A tool to help men understand what's normal after prostate cancer



We've pulled together dozens of insights from men with prostate cancer. Explore each section below to get the real deal.

About these results

These insights are powered by data from the LAPCD study. Over 35,000 men participated in the study, 18 to 42 months after prostate cancer diagnosis.

Impact on Daily life

60% of men like you said prostate cancer had a significant impact on daily life.

URINARY ISSUES		
Urinary Incontinence	Big Problem	
Urinary Irritation	Big Problem	Explore insigh

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Bowel Function		↓ Keep reading	
Very small problem	Big Problem)	Would you like to speak to a Prostate Cancer UK Specialist Nurse?
SEXUAL ISSUES			
Sexual Function			
Very small problem	Big Problem		
Sexual Activity			
Very small problem	Big Problem		
HORMONAL ISSUES			
Hormonal Issues			
Very small problem	Big Problem		

Men Like Me

TRUENORTH

A tool to help men understand what's normal after prostate cancer diagnosis and treatment.



 Home
 About ~
 Real Life Storie
 Sex and Intimacy
 Men Like Me

 Men Like Me
 A tool to help men understand what's normal after prostate cancer diagnosis and treatment.
 Image: Comparison of the comparison o

Not clear how far the site is still be advertised to patients or how/if patients are using the information

Or how lack of representation from some participant groups is conveyed/understood



Prostate Cancer UK Specialist Nurse?

National Cancer Registration and Analysis Service (NCRAS): Cancer Dashboards (data from England)

- Incidence
- Survival, mortality
- Route to diagnosis
- Treatment
- Now includes Quality of Life





Survival



Incidence and Mortality Numbers of cancer diagnoses and cancer deaths

(with crude and age adjusted rates)

Net survival for cancer

Prevalence Numbers of people living with a cancer diagnosis





National Cancer Registration and Analysis Service (NCRAS) https://www.cancerdata.nhs.uk/cancerqol

- EQ5D
- EORTC QLQ C30
- 111,470 completions
- View comparisons with general population, by region, cancer type etc



The chart above shows the average summary score from the questionnaire measuring overall health (EQ-5D). It is based on how the person answers each of the five individual questions that make up the questionnaire.

SISAQOL: Setting International Standards in Analysing Patient-Reported Outcomes and Quality of Life Endpoints



- Aim: to develop international consensus recommendations for the design, analysis, interpretation, and presentation of PRO data in cancer clinical trials (CCTs).
- Work package 4 Communication tools for PROs- graphical representation of findings
 - Reviews and stakeholder work
 - Watch out for outputs https://www.sisaqol-imi.org/



Setting International Standards in Analysing Patient-Reported Outcomes and Quality of Life Endpoints

What is the future direction of visualising PROMs data?



Review of features and functionality of electronic PROMs systems

JOURNAL OF MEDICAL INTERNET RESEARCH

Warrington et al

Review

Electronic Systems for Patients to Report and Manage Side Effects of Cancer Treatment: Systematic Review

Lorraine Warrington¹, BSc, MSc, PhD; Kate Absolom¹, BSc, PhD; Mark Conner², BSc, PhD; Ian Kellar², BA, D Phil; Beverly Clayton¹, RGN, RSCN, BHSc; Michael Ayres³, MBBS, MSc; Galina Velikova¹, BMBS, PhD

¹Section of Patient Centred Outcomes Research, Leeds Institute of Cancer and Pathology, University of Leeds, Leeds, United Kingdom ²School of Psychology, University of Leeds, Leeds, United Kingdom ³Leeds Teaching Hospitals NHS Trust, Leeds, United Kingdom

Recently updated for new EU funded project: MyPath



Key findings: 69 individual systems

- 10 (14%) integrated results into electronic records
- 26 (38%) gave patients access to visualise their own reports



Lorraine Warrington

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Future work: Addressing challenges in routine PROMs collection



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³Sydney Medical School, The University of Sydney, Sydney, Australia

- Patient level
- •Health
 - professional level
- System level



eRAPID INSIGHTS



NIHR National Institute for Health and Care Research

- Awarded additional funding to:
 - Conduct further analysis of PROMs data- patient profiles, predictions of outcomes
 - Explore case studies where, how the intervention worked
 - Understand more about how to share PROMs data with patients
 - Idea generated by patient representatives
 - Focus groups and interviews- discuss value and interpretations of different mock ups of visualisations of eRAPID symptom data
 - Hoping to also do some very early work with non-English speakers- South Asian communities



INSIGHTS Data Visualisation advisor-Andy Kirk <u>https://visualisingdata.com/</u>

Visualisation: The visual **representation** and **presentation** of **data** to facilitate **understanding**

- Data (raw material)
- Representation ('seeing' data, attributes)
- Presentation (interactive elements, annotation, colour, composition)
- <u>Understanding</u>....

Data visualisation- Andy Kirk https://visualisingdata.com/

• How individuals 'understand' is not straightforward:



What does it mean for me?

Patient views of when, what sort of visualisations/depictions of PROMs data do they what to see at different points of their cancer trajectory

Kirk, A. (2019). Data visualisation: A handbook for data driven design. Second Edition (Revised Edition) edition, Sage.

Summary: PROMs data visualization in the clinical setting

- Not definitive answers on...
 - What
 - How
 - When
 - (And Why...)

- But useful resources becoming increasingly available and scope for further knowledge exchange
- More commitment to sharing PROMs data with patients



Summary

- Visualising patient reported data is fundamental to maximising it's use in clinical practice- both for clinical teams and patients
 - Not done in isolation
- Mixed evidence on optimal presentation/visualisation formats
 - Individual differences and preferences
- Scope for
 - More research on how improving PROMs data sharing can lead to better knowledge/outcomes for patients
 - Exploring how literacy or sociodemographic differences may influence

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- Patients and participants
- Funders

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Funded by the European Union



Innovate UK



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