Oppfølgingsbesøket

Navn på pasienten

Besøksdato ddmmåå

Røykestatus

☐ 0 Aldri

☐ 1 Ex-røyker (røykfri > 1 måned

☐ 2 Røyker

EF ☐☐ %

☐ Ikke tatt

Basis for EF

☐ 1 EKKO
☐ 2 Isotop
☐ 3 Angiografi
☐ 4 MR

Vekt ☐☐☐,☐ kg

BT systolisk ☐☐☐ mmHg

Hjertefrekvens ☐☐☐ slag/min

Hjerterytme

☐ 1: Sinus ☐ 2: AF/fløtter ☐ 3: Pacemaker ☐ 4:Annet

Blodprøver	**(ProBNP eller BNP - OBS rett benevning!)**	
Hemoglobin	☐☐,☐	g/100ml
S-Jern	☐☐	µmol/l
Ferritin	☐☐☐☐☐	µg/l
TIBC	☐☐☐	µmol/l
Natrium	☐☐☐	mmol/l
Kalium	☐,☐	mmol/l
Kreatinin	☐☐☐☐	µmol/l
ProBNP	☐☐☐☐	pmol/l
ProBNP ng/l	☐☐☐☐☐	pg/ml
BNP	☐☐☐☐	pmol/l
BNP ng/l	☐☐☐☐☐	pg/ml
Digoxin /Lanxin	☐ 0: Nei ☐ 1: Ja	
S- Digoxin	☐☐,☐	nmol/L

NYHA klasse: ☐ I ☐ II ☐ III ☐ IV

Registrer Minnesota – skjemaet ☐

Antall innleggelser hvor hjertesvikt var viktig i 6 måneder etter Siste justeringsbesøk: ☐☐

Antall sykehusdøgn for disse innleggelsene: ☐☐☐

Omega 3 ☐ 0: Nei ☐ 1: Ja — Finnes i Omacor, fiskeoljekapsler, Omega-3-triglycerider

Andre lipidjusterende ☐ 0: Nei ☐ 1: Ja — Finnes i Cholestagel, Ezetimib, Ezetrol, Inegy, Kolestipol, Kolestyramin, Niaspan, Nicotinsyre, Niacin, Questran, Sortis

Antidepressiva

☐ 0: Nei ☐ 1: Ja

Finnes i Amitryptilin, Anafranil, Aurorix, Bupropion, Cipralex, Cipralex Meltz, Cipramil, Citalopram, Cymbalta, Doksepin, Duloxetin, Edronax, Efexor Depot, Escitalopram, Fevarin, Fluoxetin, Fluvoxamin, Fontex, Hypericum STADA, Johannesurt Prikkperikum, Klomipramin, Mianserin, Mirtazapin, Moclobemid, Noritren, Nortriptylin, Paroxetin, Reboxetin, Remeron, Remeron-S, Sarotex, Sarotex Retard, Seroxat, Sertralin, Sinequan, Surmontil, Tolvon, Trimipramin, Venlafaxin, Venlix, Wellbutrin Retard, Zoloft, Zyban

Antipsykotika

☐ 0: Nei ☐ 1: Ja

Finnes i Ability, Aripirazol, Cisordinol-Acutard, Cisordinol, Cisordinol, Clozapin, Dridol, Droperidol, Flupentiksol, Fluanxol, Fluanxol Depot, Klorprotiksen, Klozapin, Leponex, Levomepromazine, Haldol, Haldol Depot, Haloperidol, Litium, Lithionit, Nozinan, Olanzapin, Paliperidon, Quetiapin, Risperdal, Risperidon, Seroquel, Seroquel Depot, Serdolect, Sertindol, Solian, Stemetil, Sycrest, Trilafon, Trilafon dekanoat, Truxal, Xeplion, Zypadhera, Zyprexa, Zeldox, Ziprasidon

Andre hjerteaktive medikamenter

☐ 0: Nei ☐ 1: Ja

mg/døgn

Finnes i Amiodaron, Apresolin, Bosentan, Carduran, Cordarone, Digitoxin, Durbis Retard, Hydralazin, Ivabradine, Moduretic mite, Moksonidin, Normorix mite, Multaq, Nitrater (langtidsvirkende), Pentoxyfyllin, Physiotens, Razilez, Samsca, Tambocor, Tracleer, Trental, Tolvaptan, Volibris

Medikament ☐☐☐☐ Medikament ☐☐☐☐ Medikament ☐☐☐☐

Medikamenter ut fra Oppfølgingsbesøket

ACE-hemmer

☐ 0: Ingen
☐ 1: Enalapril
☐ 2: Kaptopril
☐ 3: Lisinopril
☐ 4: Ramipril
☐ 5: Trandolapril

Enalapril – Enalapril Comp, Renitec, Renitec Comp, Renitec Comp Mite, Zanipress; Kaptorpril – Captopril; Lisinopril – Lisinopril/Hydroklortiazid, Zestoretic, Zestoretic mite, Zestril; Ramipril – Triatec; Trandolapril – Gopten

☐☐☐,☐☐ mg/døgn

ARB— angiotensin receptorblokker

☐ 0: Ingen
☐ 1: Eprosartan
☐ 2: Kandesartan
☐ 3: Irbesartan
☐ 4: Losartan
☐ 5: Olmsartan-medoksomil
☐ 6: Telmisartan
☐ 7: Valsartan

Eprosartan – Teveten, Teveten Comp;
Kandesartan – Amias, Atacand, Atacand Plus, Candesartan, Candesartan/Hydrochlortiazide;
Irbesartan – Aprovel, CoAprovel, Irbesartan/Hydrochlortiazide;
Losartan – Cozaar, Cozaar Comp, Losartan-Hydroklortiazide , Losartan/HCT;
Olmesartan-medoksomil – Alea, Benetor, Benetor Comp, Olmetec, Olmetec Comp, Sevikar
Telmisartan – Actelsar HCT, Micardis, MicardisP;
Valsartan – Corixil, Diovan, Diovan C, Exforge

☐☐☐ mg/døgn (kun mg for ARB)

Betablokker

☐ 0: Ingen
☐ 1: Atenolol
☐ 2: Bisoprolol
☐ 3: Nebivolol
☐ 4: Karvedilol
☐ 5: Labetalol
☐ 6: Metoprolol
☐ 7: Pranolol
☐ 8: Sotalol

Atenolol – Atenolol, Tenormin, Uniloc;
Bisoprolol – Bisoprolol, Emcon-cor, Lodoz;
Nebivolol – Hypoloc;
Karvedilol – Carvedilol;
Labetalol – Trandate;
Metoprolol — Metoprolol, Meto-prolol Sandoz depot, Selo-zok;
Pranolol – Pranolol, Inderal R;
Sotalol – Sotalol

☐☐☐,☐☐ mg/døgn

ARB-kombinasjon

☐ 0: Ingen ☐ 1: Sacubitril/Valsartan

☐☐☐ mg/døgn (kombinasjon)

Sacubitril/Valsartan – Entresto

Furosemid/Furix/Diural ☐☐☐☐ mg/døgn

Bumetanid/Burinex ☐☐,☐ mg/døgn

Thiazid

☐ 0:Nei
☐ 1: Ja

Finnes i Actelsar HCT, Alea Comp, Atacand Plus, Bendroflu-metiazid, Benetor Comp, Centyl, Centyl med kaliumklorid, Candemox Comp, Centyl mite med kaliumklorid, CoAprovel, Co-Renitec, Corixil, Cozaar Comp, Diovan Comp, Enalapril Comp, Diovan Comp, Esidrex, Exforge HCT, Hydroklorthia-zid, Hypoloc Comp, Lisinopril hydroklortiazid, Lodoz, Micar-disPlus, Olmetec Comp, Renitec Comp, Teveten Comp, Zestoretic, Zestoretic mite, Zofenil comp

Selektiv calciumantagonist

☐ 0: Ingen
☐ 1: Verapamil
☐ 2: Diltiazem

Verapamil – Isoptin, Isoptin Retard, Verakard; Diltiazem – Cardiazem Retard/Uno

☐☐☐ mg/døgn

Aldosteroneantagoist

☐ 0: Ingen
☐ 1: Eplerenone
☐ 2: Spironolactone

Eplerenone— Inspra

Spironolactone — Aldactone, Spirix

☐☐,☐ mg/døgn

Digoxin/Lanoxin ☐,☐☐☐☐ mg/døgn (62,5 µg = 0,0625 mg)

Annen calciumantagonist
☐ 0: Nei ☐ 1: Ja

Finnes i Adalat, Adalat Oros, Amlodipin, Exforge, Felodipin, Lerkanidipin, Lomir, Nifenova, Nimodipin, Nimotop, Norvasc, Plendil, Zanidip

Antikoagulasjon
☐ 0: Nei ☐ 1: Ja

Finnes i Arixtra, Atenativ, Defitelio, Eliquis, Fragmin, Heparin, Klexane, Lixiana, Marevan, Novastan, Pradaxa, Refludan, Warfarin, Xarelto

Platehemmer
☐ 0: Nei ☐ 1: Ja

Finnes i Albyl E, Aponova, Aspirin, Brilique, Dispril, Diprasorin, Efient, Epoprostenol, Flolan, Globoid, Magnyl-E, Novid, Klopidogrel, Clopidogrel, Plavix, Ticlid, Asasantin Re-tard, kombinasjonspreparat med både ASA og Dipyridamol/Persantin Retard, Albyl E + Persantin Retard, Dipyridamol, Persantin, Ventavis

Statin
☐ 0: Nei ☐ 1: Ja

Finnes i Atorvastatin, Crestor, Fluvastatin, Inegy, Lescol, Lipitor, Lovastatin, Mevacor, Pravachol, Pravastatin, Rosuvastatin, Simvastatin, Zocor